bright options

Building Resilience, Inspiring Growth, Hope and Transformation

A Calan DVS social enterprise- building brighter options for all

5 Tips For securing digital technology

1. Secure Social Media- use the links

- Facebook Basic privacy settings & tools
- X (formerly Twitter) How to protect your Tweets
- YouTube Privacy & safety
- Instagram Privacy settings & information
- LinkedIn Account privacy settings overview
- Snapchat Privacy settings
- Tiktok Privacy & security settings

2. Use 2-step Verification (2SV)

2-step verification (often shortened to 2SV and sometimes called two-factor authentication) provides a way of 'double checking' that you really are the person you are claiming to be when you're using online services, such as social media, banking or email.

3.Practice good Password Hygiene

You can either use 3 random words + a number, auto-generated passwords (using your smart phone) or condensed sentences (MfaniSasmgt: My favourite aunt’s name is Susan and she makes great trifle).

4. Use the ‘Digital Breakup Tool’

This interactive tool created by Refuge and Avast is designed to provide awareness and understanding of the various digital platforms a partner might have access to, whether it’s social media accounts, online banking, or live location through apps such as Uber and Strava.

5.Defend against phishing & social engineering

- Don’t open unexpected attachments or click links from unknown senders.
- Verify requests for sensitive info over a second channel (e.g., call the person).
- Be cautious about public Wi-Fi.